

G.V.M COLLEGE OF PHARMACY, SONIPAT

NEWSLETTER 2021



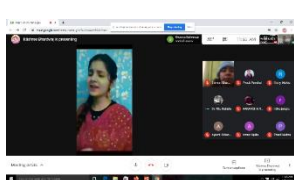
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Principal
G.V.M.C.O.P



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LOHRI CELEBRATION

The virtual event of lohri celebration (13.01.2021) started through google meet. Students and faculty members were very fervent during the celebration. The program was hosted by **Mrs. Ittishree** and **Mrs. Neha Saini**. A brief overview about the festival was given by the host. Principal, **Dr. Ritu Kataria**, addressed the students about the festival and also motivated them to through their negative thoughts in the bonfire of lohri and add the positive approach and strenuous study in their life. The virtual event become more interested by the dynamic participation of students through their speech, dance, singing and poem recitation videos. Posters were also prepared by the students on this occasion. Online games of guessing and quiz was also played by the students. The college faculty members and students enjoyed the festival in the college premises by distributing prashad, dancing around the bonfire and playing games.



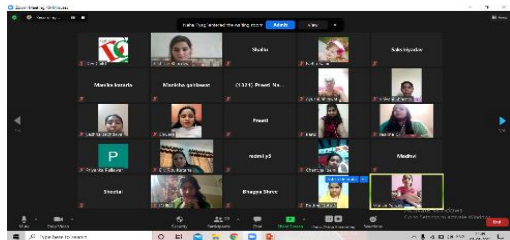
WOMEN'S DAY

Women's Day was celebrated by the G.V.M College of Pharmacy, Sonipat on 8th March 2021. The program was hosted by **Mrs. Ittishree** (Assistant professor, GVMCOP). **Dr. Ritu Kataria** (Principal) addressed the students on this occasion. Our enthusiastic students showed their talents through their speech, dance, poetry and singing.



ENVIRONMENT DAY

An online program was organized on 5th June 2021 on the occasion of environment day. **Mrs. Ittishree** (Assistant professor, G.V.M.C.O.P) and **Mrs. Neha Saini** (Assistant professor, G.V.M.C.O.P) hosted the program. Principal, **Dr. Ritu Kataria**, conveyed the message of saving our planet and our environment by our small efforts. Our students actively participated in the event through their speech, poems and quiz competition. Also our students showed their talent through poster making, Slogan writing and painting competition. Tree plantation was also encouraged by this event.



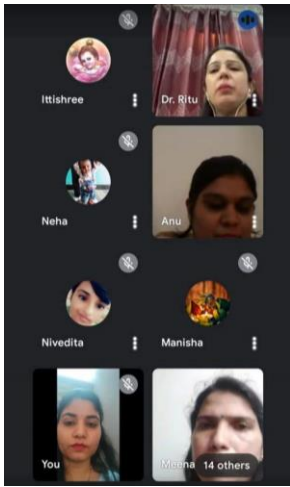
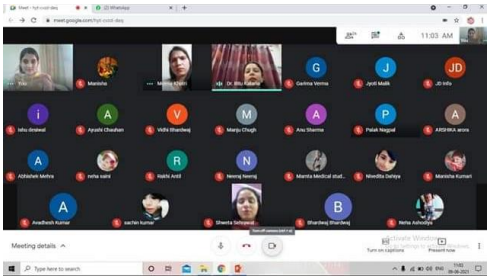
YOGA DAY

International yoga day was celebrated virtually on 21st June 2021. Message was given about the importance of yoga for a healthy life. Our students Parul (B. pharmacy 8th semester), Priya (B. pharmacy 7th semester), Ranjana (B. pharmacy 8th semester) Yashika (B. pharmacy 8th semester) and Ishika (B. pharmacy 1st semester) participated in the event by sharing various aasan mudras.



E-CAREER TALK

E-Career talk was successfully organized by G.V.M.C.O.P on 9th June 2021. The students from various schools participated actively. Doubts of students were cleared about various career opportunities in medical and non-medical stream. It was a fruitful talk for the students.



TEACHER'S DAY

The whole art of teaching is only the art of awakening the natural curiosity of young minds for the purpose of satisfying it afterwards.

Teacher's day was celebrated on 5th September, 2021. with great enthusiasm. Our Principal mam inspired the students to do hard work to achieve their goals in life. There was energetic dance performance, melodious singing and poems recitation by students for their teacher. Students honored their teachers on the occasion.



HINDI DIWAS

जी. वी. एम कॉलेज ऑफ फार्मसी के द्वारा हिंदी दिवस का आयोजन किया गया। प्रधानाचार्या **डॉ ऋतु कटारिया** ने सभी विधार्थियों को प्रोत्साहित किया। इस अवसर पर पोस्टर मेकिंग प्रतियोगिता का आयोजन किया गया जिसमें विद्यार्थियों ने बढ़ चढ़कर भाग लिया। प्रतियोगिता में विधार्थियों ने अपनी कला का प्रदर्शन करते हुए हिंदी दिवस का महत्त्व बताया। विधार्थियों को उनके उत्कृष्ट प्रदर्शन के लिए पुरस्कृत किया गया।



WORLD PHARMACIST DAY

World Pharmacist Day was celebrated with great enthusiasm in G.V.M College of Pharmacy. An awareness program was organised in Govt girls senior secondary school, Murthal Adda chowk Sonipat under guidance of our Principal Mam **Dr. Ritu Kataria**. Drug interaction, Nutrition requirements, menstruation hygiene, self-medication topics were discussed during the program. The program was hosted by **Mrs. Ittishree**, (Assistant professor GVMCOP) and **Mrs. Neha Saini**, (Assistant professor GVMCOP). Students (Shivani, Neetu, Pooja, Ishika, Mansi pareek, Komal, Yashika, Shalu, Kajal, Ayushi, Parul) participated in the program. The program was fruitful and appreciated by the Principal (**Mrs. Santosh Rathi**) & staff members of the school.



WORLD HEART DAY

Students of G.V.M.C.O.P has actively participated in poster making competition on the occasion of World Heart Day held in G.V.M girls college organized by Youth Red Cross, G.V.M Girls college. 12 students from our college participated in the event under the guidance of YRC Coordinator (G.V.M.C.O.P) **Mrs. Meena**, 2 students of our college Yashika and Parul secured 2nd and 3rd positions respectively.



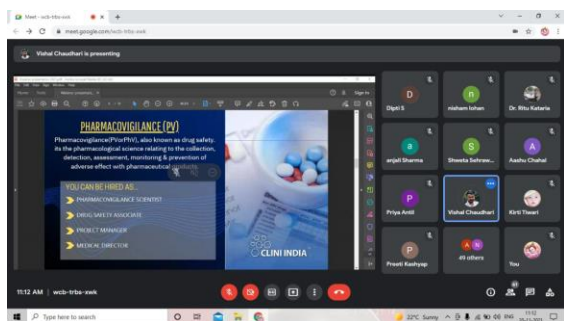
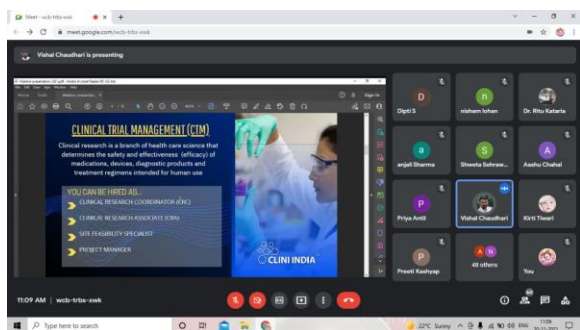
GUEST LECTURE

A guest lecture was organized on 10th October 2021 by GVMCOP on “Importance of Herbal medicines”. **Dr. Neelu Sood** mam Ex-Professor, Department of Botany, Faculty of Life Sciences, Kurukshetra University, was our guest. She shared her views on importance of herbal medicine in our day-to-day life & also discussed some biotechnological tools and techniques. She emphasized on plant tissue culture technique. Program was hosted by **Ms. Annu Sharma** (Assistant professor, G.V.M.C.O.P) and **Mrs. Shweta** (Assistant professor, G.V.M.C.O.P). It was very knowledgeable session for students as well as for faculty members.



WEBINAR

A virtual webinar was organized by G.V.M.C.O.P Sonipat in association with CLINI India on 20th November 2021. The theme of the webinar was Importance of Profession Ready Training in Clinical Research and Pharmacovigilance. **Mr. Vishal Chaudhari** was the speaker of the event. He gave deep insights about the pharmacovigilance importance in pharma industries and also the job opportunities after doing clinical research diploma certification course. **Dr. Ritu Kataria** (Principal) expressed her views about the webinar and stated her gratitude to the speaker. **Mrs. Ittishree** (Assistant Professor) was the host of the program. The session was knowledgeable for the students.



NATIONAL PHARMACY WEEK

National pharmacy Week was celebrated in G.V.M.C.O.P with health camp, sports and cultural events. Program was inaugurated with lamp lighting followed by Pharmacist's oath. Our Principal Mam **Dr. Ritu Kataria** addressed the students on this occasion. **Mrs. Ittishree** (Assistant professor, G.V.M.C.O.P) and **Mrs. Neha Saini** (Assistant professor, G.V.M.C.O.P) hosted this program. The health camp started with ribbon cutting ceremony by our Principal mam and staff members. Students and faculty members from G.V.M.C.O.P and G.V.M IITM participated in the health camp. Games (Hit the target, 3 leg race, sac race, pipette to beaker fill, musical chair and lemon spoon race) were played by our enthusiastic students. Rangoli making competition and poster making competition were also organized in which our students showed their creativity with art and colors. Some cultural events like dance and singing were also performed by the students. The celebration was full of enthusiasm and creativity of the students. Students were honored with medals and certificates who have won positions in different competitions.

